

## Whole School Curriculum Overview - PSHE

	Foundation	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Autumn 1</b>	Physical health and wellbeing: Special times in my life.	Physical health and wellbeing: Fun times?	Physical health and wellbeing: What keeps me healthy?	Drug, Alcohol and Tobacco Education: Tobacco is a drug	Identity, society and equality: Democracy	Physical health and wellbeing: In the media	Identity, society and equality: Human rights  Prevent:(Lesson 4 & 5)
<b>Autumn 2</b>	Keeping safe and managing risk: Feeling safe	Keeping safe and managing risk: Feeling safe *  * Links to Growing and Changing (SRE) elements	Mental Health and emotional wellbeing: Friendship	Keeping safe and managing risk: Bullying - see it, say it, stop it	Drug, Alcohol and Tobacco Education: Making choices	Identity, society and equality: Stereotypes, discrimination and prejudice (including tackling homophobia) Prevent:(Lesson 3)	Drug, Alcohol and Tobacco Education: Weighing up risk
<b>Spring 1</b>	Identity, society and equality: Me and others	Identity, society and equality: Me and others *	Keeping safe and managing risk: Indoors and outdoors	Mental Health and emotional wellbeing: Strengths and Challenges	Physical health and wellbeing: What is important to me?	Keeping safe and managing risk: When things go wrong  Alright Charlie	Keeping safe and managing risk: Keeping safe - out and about
<b>Spring 2</b>	Drug, Alcohol and Tobacco Education: How do we keep healthy?	Drug, Alcohol and Tobacco Education: What do we put into and onto our bodies?	Drug, Alcohol and Tobacco Education: Medicines and me	Identity, society and equality: celebrating difference  Prevent:(Lesson 1)	Keeping safe and managing risk: Playing safe  Prevent:(Lesson 2)	Mental Health and emotional wellbeing: Dealing with feelings	Mental Health and emotional wellbeing: Healthy minds
<b>Summer 1</b>	Mental Health and emotional wellbeing: Feelings	Mental Health and emotional wellbeing: Feelings	Growing and Changing (SRE): Boys and girls, families	Growing and Changing (SRE): Families and Feeling good about being different	Growing and Changing (SRE): Exploring physical changes in Puberty	Drug, Alcohol and Tobacco Education: Different influences	FGM
<b>Summer 2</b>	Careers, Financial capability and economic	Careers, Financial capability and economic wellbeing: My money	Careers, Financial capability and economic wellbeing: Saving, spending and budgeting	Physical health and wellbeing: What helps me choose?	Careers, Financial capability and economic wellbeing: Borrowing and earning money	Growing and Changing (SRE): Physical and emotional changes in puberty	Growing and Changing (SRE): Reviewing puberty and becoming men and women

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	wellbeing: My money						
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